Overview and Objectives: This five-week course has five linked objectives:

<table>
<thead>
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<th>OBJECTIVES:</th>
<th>OUTCOMES:</th>
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<tr>
<td>To think critically about connections between cultural variables, and human and animal health and disease</td>
<td>Successful completion of required readings, and active participation in discussions and field trips (as measured in oral presentations and written assignments)</td>
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<td>To gain firsthand experience with cultural and medical issues in a developing country setting</td>
<td>Active participation in community health projects, including educational presentations and, where appropriate, rudimentary treatment of animal and human health problems (to be evaluated by the academic team in Ecuador)</td>
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<td>To develop cross-cultural skills that will ideally grow into personal and professional assets</td>
<td>Live with host families in Otavalo; work with fellow students and Ecuadorians on field projects; adapt to the challenges of traveling and living in a cultural environment different from one’s own</td>
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<tr>
<td>To develop or improve Spanish language skills</td>
<td>Successful participation in Spanish language classes, and advancement of at least one level in speaking ability (as measured by the language institute in Quito &amp; Otavalo)</td>
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<tr>
<td>To develop an understanding of the theoretical and empirical foundations of medical anthropology</td>
<td>Completion of reading assignments, and participation in class discussions (as measured by oral presentations and written</td>
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**Structure:** These objectives will be met by a combination of fieldtrips and class lectures and discussions. We will meet each afternoon (unless there is a scheduled fieldtrip) for 2-3 hours (2 P.M.-5 P.M.) depending on the topic. Each afternoon session will be a lively combination of presented materials (lecture, films, slides) and student-led discussions. The lectures will introduce the various topical areas listed on the syllabus, while the discussions allow us to challenge or draw out key points. As much as possible, we want to consider how biological/scientific approaches to health can intersect or conflict with more culturally based approaches. We will investigate the relationships between humans and animals in this part of the world as a way of further understanding culture and epidemiology. We want to always be asking the question: How can a cultural understanding of the body and its various conditions improve the understanding and delivery of health care?

**Required texts:**


2) Reader (provided)

**Grading:** Grades are based on points accumulated out of 500 potential points for the class. The breakdown is as follows:

- **Participation:** 100 points
- **Critical Linkages Papers:** Weeks Three & Four (200 points each)

**Participation** will be measured by attendance in class and activities; contributions to discussions and field visits; and maturity and flexibility in relations with fellow group members and those people with whom we work and live in Ecuador.

**Critical Linkages Papers** will be 3 pages each, and will center on a specific topic that the student identifies as an important linkage in our understanding of human health, animal health, and the social, economic and political structures within they evolve. The papers don’t require outside sources, but – where appropriate – class materials, speakers, or field experiences should be cited. The objective is to explore more fully the contexts that give meaning to the experiences of illness and healing. Some examples are: Week Three – during our visit to La Calera, your host family allows chickens or other animals into spaces that would be “off limits” in your own culture. You write about how this can create an environment for the spread of certain bacteria, but also the buildup among children of certain immunities. Week Four – During your field visit, in a particularly poignant encounter with “poverty,” you finally understand the argument of critical medical anthropologists who urge us to think about structural issues that affect individual health in specific and sometimes profound ways. If at all possible, type and print the papers. We’ll set realistic deadlines once we are settled in Otavalo, but our general target is to have these completed within two days of the end of the La Calera, and the service learning, experiences.
CLASS SCHEDULE

WEEK ONE: Introduction to Ecuador (Frank Hutchins/David & Elizabeth Gaus)

May 21: Students arrive in Quito (accommodations in Hotel Embassy)
Quito – Hotel Embassy

May 22: Tour of Colonial Quito
Quito – Homestays
A.M. – Breakfast/orientation; Colonial Quito (Tour & Lunch)
P.M. – Travel to language school to meet host families
Readings: Ecuador country/health profiles from Pan American Health Organization & Culturegram Ecuador 2010;

May 23: Language/lectures
Quito – Homestays
8:30 A.M.-11:30 A.M. – Spanish classes

P.M. – Dr. David Gaus: Overview of Health Care in Ecuador

Readings: Health in the Americas, Ecuador Profile (Reader); Making Secondary Care a Primary Concern: The Rural Hospital in Ecuador (Reader)

May 24: Language/lectures
Quito – Homestays
8:30 A.M.-11:30 A.M. – Spanish classes

P.M. – 2:00 - 3:15 Dr. Diego Quiroga (culture and medical anthropology)
3:30 - 4:45 Dr. José Julio Cisneros (politics and social issues)

Readings: Cultural Competence: A Conceptual Framework for Teaching and Learning (Reader)

May 25: Language/lectures
Quito – Homestays
8:30 A.M.-11:30 A.M. – Spanish classes

P.M. – Tour/Field Visit

May 26: Language/lectures
Quito – Homestays
8:30 A.M.-11:30 A.M. – Spanish classes
P.M. 2:00 a 3:15 Dr. Gabriel Trueba (veterinary medicine in Ecuador)
May 27:  8:30 A.M.-11:30 A.M. – Spanish classes
Quito – Homestays

P.M. Afternoon – Free
P.M. Evening – Cultural events in Colonial Quito
Readings: The Law for the Provision of Free Maternity and Child Care in Ecuador (Reader)

May 28:  Travel to Otavalo
Otavalo Homestays
A.M. - Travel to Otavalo/Meet Homestay Families
P.M. - Hike to Lechero Tree & Raptor Center
Readings: Wibbelsman Introduction & Chapter 1 (Reader)

May 29:  Sunday visit to Inuca family & local healer in Pijal (Aida’s family)
Otavalo Homestays

WEEK TWO: Medical Anthropology & Community Health

May 30:  A.M. Spanish
Otavalo Homestays
P.M. Social Science and International Health (F. Hutchins)
Readings: Introduction (Nichter); You and Me: The Social Life of the Body (Burton, Reader)

May 31:  A.M. Spanish
Otavalo Homestays
P.M. Ethnophysiology (F. Hutchins)
Readings: Chapter 1: Perceptions of Ethnophysiology Matter (Nichter); Qollahuaya-Andean Body Concepts (Bastien, Reader)

June 1:  A.M. Spanish
Otavalo Homestays
P.M. Medical Anthropology: Methods and Approaches (F. Hutchins)
Readings: Chapter 2: Representations of Illness Causality, and Chapter 3: Why is Research on Local Illness Categories Important? (Nichter)

June 2:  A.M. Spanish
Otavalo Homestays
P.M. Ethnopharmacology (F. Hutchins)

Readings: Chapter 4: Perceptions of Pharmaceuticals & Quality of Care (Nichter)

Activity: Investigating Ethnomedicine in Otavalo

June 3: Intercultural Healthcare

Otavalo Homestays

A.M. Spanish
P.M. Visit Jambi Huasi Clinic

Readings: Health in the Andes (Reader); Best Practices in Intercultural Health: Five Case Studies in Latin America (Mignone, et al)

June 4: Free

June 5: Free

WEEK THREE: Community Health/La Calera (Visiting Faculty: Keith Poulsen; Lori Diprete-Brown)

June 6: Free

Otavalo Homestays

June 7: A.M. Spanish

Otavalo Homestays

P.M. Home, Hearth and Health in Andean Ecuador (Hutchins)

Readings: Chapter One (Food and Theory) and Chapter Six (Practice: Kitchen Life) from Food, Gender and Poverty in the Ecuadorian Andes (M. Weismantel, Reader) Come Take a Walk With Me (Reader)

June 8: A.M. Spanish

Otavalo Homestays

P.M. One Health: Concepts, Insights and Applications

Readings: TBA

June 9: Animal Health/Community Visit – La Calera

La Calera Homestays

Group One: Animal Health Clinic with Keith Poulsen
Group Two: Walk-along tour of community

Evening: Health/cultural skits
June 10:   **A.M.** Activity at La Calera Nursery
Return to Otavalo

**Otavalo Homestays**

**P.M.** Processing La Calera & Preparing for Service Learning Visits

June 11:   Free OR Animal Market with Keith Poulsen
**Otavalo Homestays**

June 12:   Otavalo - Free
**Otavalo Homestays**

**WEEK FOUR: Community Visits (San Clemente, Zuleta, La Calera)**

June 13:   Service Learning
**Community Homestays**

June 14:   Service Learning
**Community Homestays**

June 15:   Service Learning
**Community Homestays**

June 16:   **A.M.** Travel to Casa Mojanda
**Casa Mojanda**

**P.M.** Reflections on Service Learning experiences

June 17:   Casa Mojanda Activities
**Casa Mojanda**

June 18:   Casa Mojanda Activities/Return to Otavalo
**Otavalo Homestays**

June 19:   Free
**Otavalo Homestays**

**WEEK FIVE: Reflections on Culture & Health**

June 20:   Environment & Health in Ecuador
**Otavalo Homestays**

**A.M.** Free

**P.M.** Environment & Health in Ecuador

Readings: TBA
June 21: Considerations of the Afterlife
**Otavalo Homestays**

**A.M.** Cemetery Hike
**P.M.** Passing: Life into Death

Readings: Kneading life: women and the celebration of the dead in the Ecuadorian Andes (Reader)

June 22: Women & Infant Health Meeting
**Otavalo Homestays**

June 23: Festival of the Sun
**Otavalo Homestays**

**A.M.** Inti Raymi: Ritual, Exchange, and Harmony in Andean Cosmology
**P.M.** Inti Raymi Celebrations

June 24: Leave Otavalo for Quito (midday)
**Hotel Embassy Quito**

June 25: End of Program/Flights to US or Post-program travel